

Dear Therapists, OD Consultants and Coaches!

We invite you to an exciting workshop led by **Julianne Appel-Opper**, Gestalt therapist, trainer and supervisor: **Developing Embodied Interventions and Experiments within the cocreated embodied field**. The workshop takes place just before the EAGT (European Association for Gestalt Therapy) conference 16-18 September 2019, in Budapest, and is organized by the Budapest Gestalt Institute with the professional support of Hungarian Gestalt Association.

We offer this workshop for those who work 1:1 and would like to develop and get more experience in working with bodies, either as:

- Gestalt therapists;
- student Gestalt therapists;
- therapists working on other modality and would like to „taste” Gestalt-therapy approach;
- coaches, OD consultant.

Schedule of the workshop:

16 September: 16.00-19.30

17 September: 9-17.00

18 September: 9-17.00

Description of the program:

Developing Embodied Interventions and Experiments within the cocreated embodied field

Within a cocreated embodied field two living bodies communicate with each other as rhythms and melodies of moving and being moved. Julianne has developed a new way of understanding of and working within this body-to-body-communication in a relational and field-oriented way. Own bodily attunement to the relational body messages of the client, along-side an awareness of one's personal physical resonances and impulses opens possibilities for embodied interventions and experiments without physically touching each other.

Using her experience of many years of clinical practice and teaching, Julianne offers a safe and respectful space for exercises, experiential process, live demonstration and supervision, small group work together with theory input.

About the trainer:



Julianne Appel-Opper, Diplom Psychology, Registered Psychological Psychotherapist in Germany, Registered Integrative Gestalt Psychotherapist with the United Kingdom Council for Psychotherapy, MUKAHPP, Supervisor, Trainer. She has 30 years clinical experience including working in psychosomatic clinics. For 12 years she lived abroad working in various countries and is now in private practice in Berlin. Since 2001, she has worked internationally as a trainer and a visiting tutor at several psychotherapy training institutes.

Julianne has developed *embodied interventions and experiments*, which she has taught internationally and written about. Her website is: www.thelivingbody.de

Testimonials:

„I participated at a workshop held by Julianne at Taormina conference a couple of years ago. It was an amazingly exciting experience both professionally and personally. I have been using one of the experiments I learnt there as a teacher. I only can recommend her!

„Julianne is a sensitive and humble therapist and trainer who is exceptionally skilled in bodywork.”

„There is a lot to learn from Julianne both as a professional and both as a human.”

Fees and discounts:

	EAT members*	Others
Early bird application before 3rd May	270 EUR	300 EUR
Normal application after 3rd May	300 EUR	330 EUR

* About joining EAGT <https://www.eagt.org/joomla/index.php/2016-02-25-22-21-15/join-eagt>:

Size of the group: 12-18 participants

Application: You can apply by filling in the [online application form](#).

Please feel free to contact the organizer should you have any questions: Dia Bozsogi - bozsogi.dia@flow.hu

Best regards,
Dia Bozsogi
Budapest Gestalt Institute